

# COVID-19 Health Screening FAQ and At-Home COVID-19 Health Screening Instructions for Parents and Guardians

This handout provides information to parents/guardians on how to conduct a “pre-screen” of your child at home before heading out the door. Screening children for symptoms of COVID-19 and sending home people who are sick lowers the chances of other children and staff in the school from getting COVID-19 and spreading it. We want to provide your child with the safest possible environment, and we appreciate your help in making it safe.

**We are asking parents/guardians to do an at-home health screening of their child each morning prior to going to school, including taking their temperature, if possible.** *You know best when your child is sick or is getting sick.* If your child is showing symptoms or seems “off,” you should keep them home from school. Keeping ill children home helps prevent others from getting sick.

Go through the steps outlined here to decide if your child should go to school each day.

## Step 1: Screening Questions

- ☐ Has your child tested positive for or been diagnosed with COVID-19 by a health care provider in the last 10 days?
- ☐ Is your child not fully vaccinated and been in close contact\* with anyone who tested positive for COVID-19 or was diagnosed with COVID-19 in the last 14 days? (*Find more information about what “close contact” means on the next page*)



**If answered YES to any of these questions, child should NOT attend school.**

## Step 2: SYMPTOM CHECK (Part 1)

In the past 24 hours, has your child had any of these symptoms, new or different from what they usually have\*?

- ☐ Cough
- ☐ New loss of sense of taste or smell
- ☐ Shortness of breath/trouble breathing

\* *Find more information about what “new and different from what they usually have” means on the next page.*



**If child has 1 or more of these symptoms, child should NOT attend school.**

## Step 3: SYMPTOM CHECK (Part 2)

Measure your child’s temperature with a thermometer, then answer the following questions: In the past 24 hours, has your child had any of these symptoms, new or different from what they usually have\*?

- ☐ Sore throat
- ☐ Fever ( $\geq 100.4^{\circ}\text{F}$ ) or chills (would indicate fever) or or used fever reducing medications<sup>^</sup>
- ☐ Unusual fatigue (being very tired)
- ☐ Runny nose or nasal congestion
- ☐ Nausea (sick to stomach) or vomiting<sup>^</sup>
- ☐ Headache
- ☐ Muscle or body aches
- ☐ Diarrhea<sup>^</sup>

<sup>^</sup>Children with fever, vomiting, and diarrhea-alone or together-should never attend school. However, they do not necessarily indicate the need to test for COVID-19.



**If child has 2 or more of these symptoms, child should NOT attend school.**